

# DIRECTIONS ACT

## Community Education

### *A way forward*

DIRECTIONS ACT is a large community not for profit organisation funded by ACT Health to provide a wide range of drug and alcohol services into the Canberra Community. Our services are offered free or at low cost (to cover resource costs) and we pride ourselves on our non-judgmental and confidential approach in everything we do.

The Community Education Program is facilitated by Joanne Smith, who is the manager of this vital program. Joanne has a wealth of experience and qualifications in the field.

### **What can we do for your service:**

- Relaxed and informative information sessions in which participants are treated with respect in a non-judgmental manner
- Community education sessions on a wide range of drug and alcohol issues such as:
  - ⇒ Party Safe
  - ⇒ Peer education on Party Safe
  - ⇒ Teacher training on Party Safe Program
  - ⇒ Drug types and their effects
  - ⇒ Skating on Thin Ice (Ice education session)
  - ⇒ Harm minimisation
  - ⇒ Binge drinking and alcohol awareness
  - ⇒ Blood borne viruses such as hepatitis C
  - ⇒ Youth Anger Management (2008)
  - ⇒ Dealing with Why — for youth with drug and alcohol issues (2008)
- Modules tailored for your specific needs and client group
- Resources and materials
- Referral pathways into other services we offer such as counselling, detoxification and withdrawal services, outreach and promotion services

For bookings and information on Community Education options for your service, or other programs and services which are available contact

**Joanne Smith, Community Education Manager**  
at DIRECTIONS ACT on **6122 8000**.



*Our aim of community education is to minimise drug related harm and promote self respect and dignity for all*

### **DIRECTIONS ACT**

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